Food & Daily Living

Item	Barter Equivalent	Coin Price
Fresh fish (1 day)	2 fish hooks / a net repair	5 cp
Dried fish or smoked meat (1 day)	Salt pouch / firewood	1 sp
Root vegetables / island grain (1 day)	Labor (1–2 hrs)	5 cp
Meal, simple (tavern/home)	Story, gossip, small favor	1 sp
Clean water (1 waterskin)	Containers / help hauling	1 cp

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